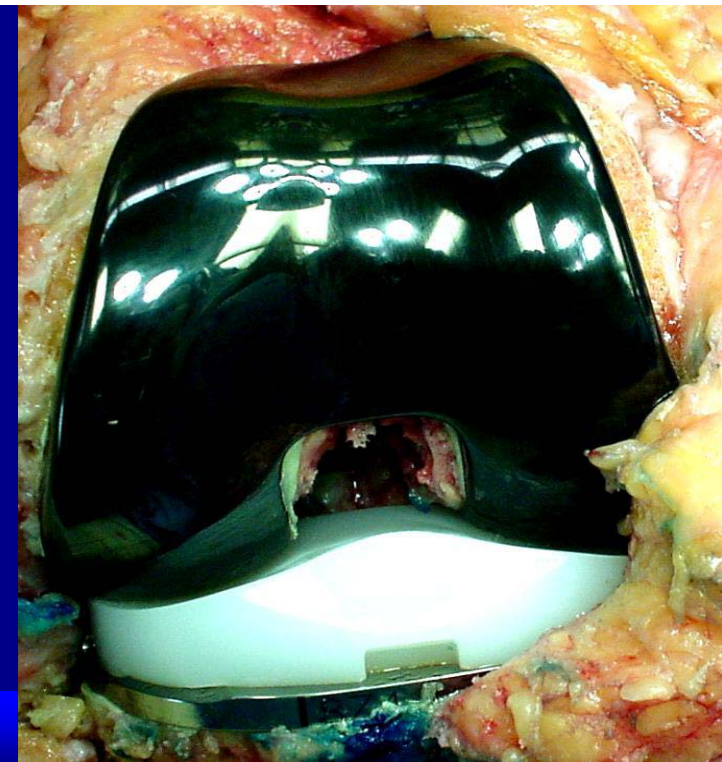


**Combined Meeting:  
Australian Knee Society, &  
Australian Arthroplasty Society  
October 7, 2005  
Bunker Bay, Australia**



**Alternative Bearings in TKA:**

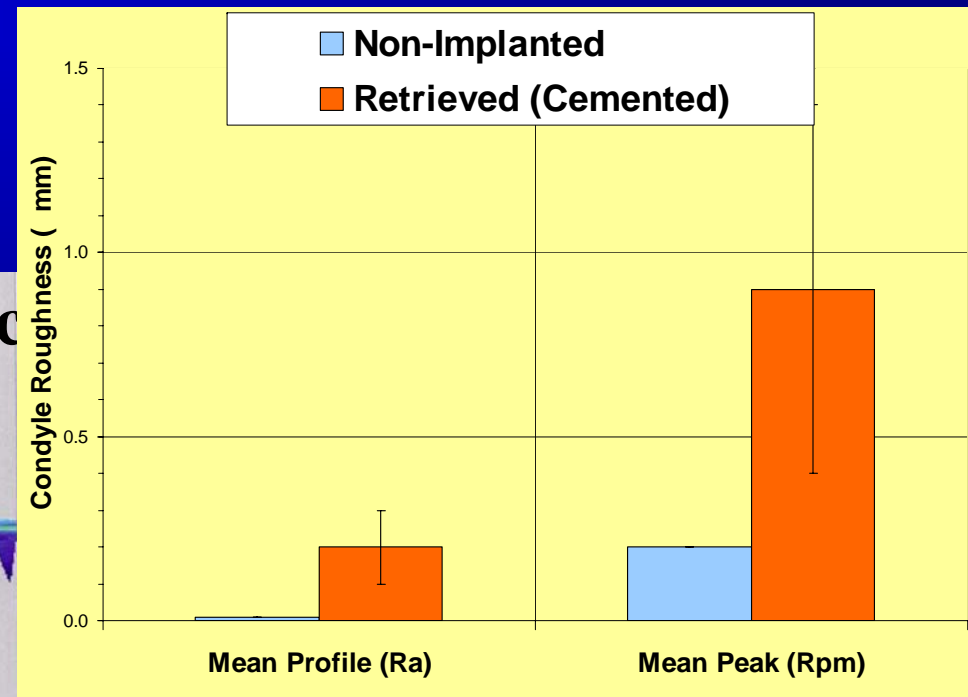
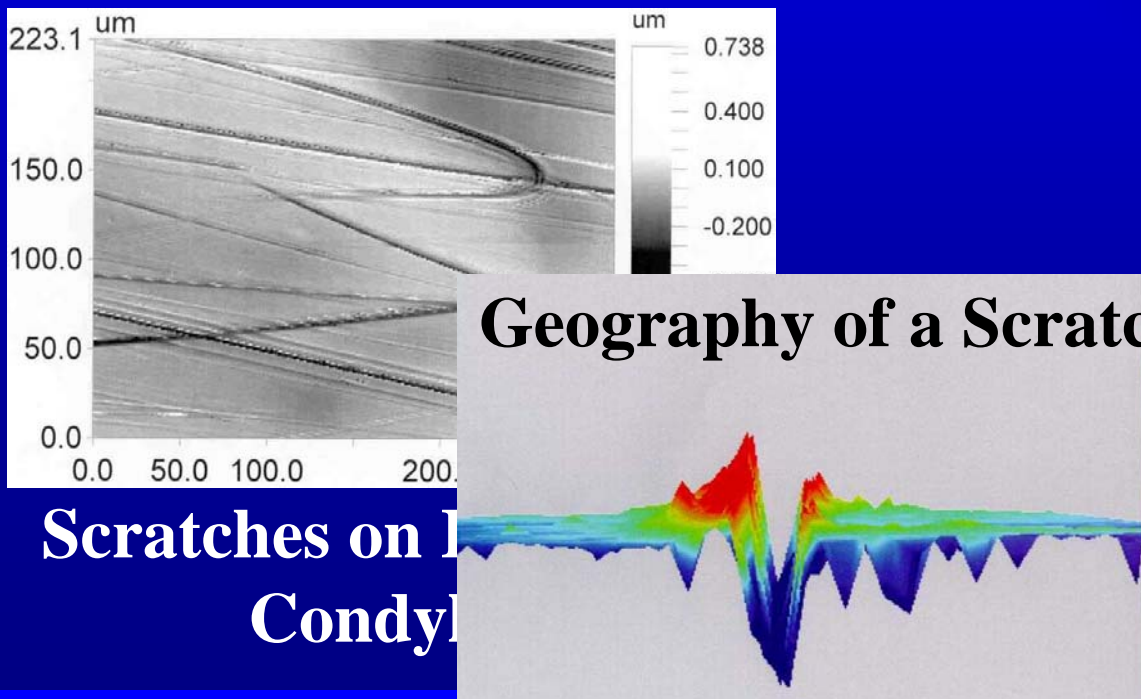
**Oxinium (Oxidized Zirconium)**  
**--The Science behind the Ceramic--**

**Todd V. Swanson, MD  
Las Vegas, NV**

# CoCr TKA Surface Roughens

(Levesque et al., ORS 1998)

- Thirteen consecutively retrieved CoCr clinical components
- All condyles had scratches, some oblique to articulation
- Condyle roughness increased, especially the peaks



# Cobalt Chrome



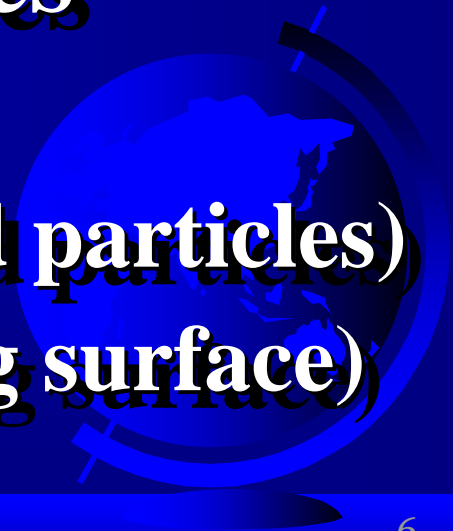
# Oxinium



# Roughening Increases Wear

(Fisher et al., Proc IME, 1995)

- “...a single scratch 2  $\mu\text{m}$  deep (with 1  $\mu\text{m}$  adjacent peak height) on a metal counterface can cause a dramatic increase in the wear rate of UHMWPE”
- How do metal bearing surfaces roughen?
  - Abrasive wear (scratching by hard particles)
  - Oxidative wear (shearing of sliding surface)



# Limited Alternatives to CoCr

- **Hardened Metals (ion implanted; diffusion hardened)**
  - **Benefit inferior to ceramics and short-lived at best**
- **Ceramic Coatings (titanium nitride; diamond)**
  - **Limited durability, especially if damaged**
- **Monolithic Ceramics (zirconia; alumina)**
  - **Risk for brittle fracture**
  - **Not available commercially**



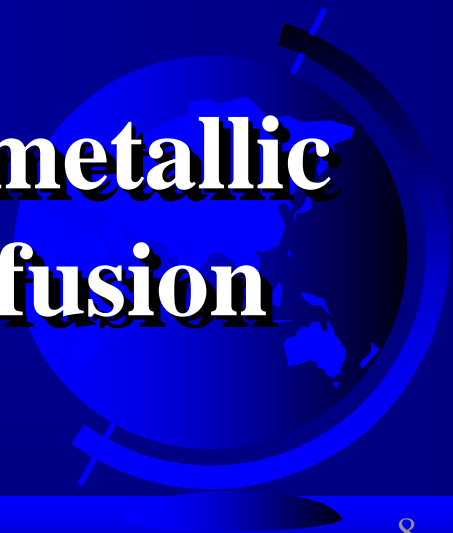
# Oxinium (Oxidized Zirconium)

## ■ Capability

- Reduce polyethylene wear by using a low-friction counterface that resists roughening and avoids brittle fracture

## ■ Method

- Form a ceramic surface on a metallic zirconium alloy by oxygen diffusion



# Materials

- Metallic element--Zirconium
  - Same family as titanium; very biocompatible
- Metallic alloy by combining with Niobium--Zr-2.5Nb
  - Niobium and oxygen strengthen zirconium
- Oxidize to form ceramic--Zirconia (zirconium oxide)
  - Low-friction and resists roughening
  - Brittle; low fracture toughness





# Two Highly Biocompatible Metals

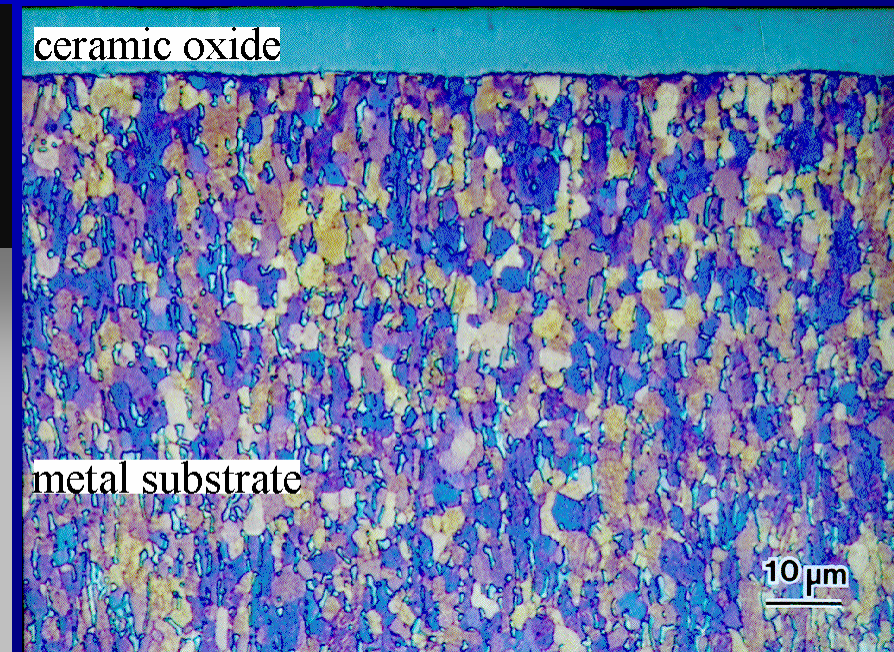
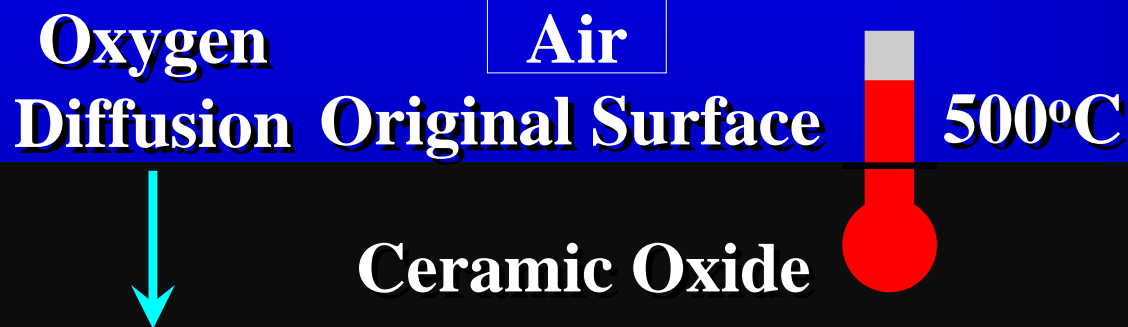
**97.5% Zirconium**  
**+ 2.5% Niobium**  
**+ Oxygen and Heat**  
**= Oxinium**

IV B		V B	
22	47.90	23	50.94
<b>Ti</b>		<b>V</b>	
Titanium		Vanadium	
4.5		5.96	
3130	1812 (Ar) 3d <sup>2</sup> 4s <sup>2</sup>	3530	1730 (Ar) 3d <sup>3</sup> 4s <sup>2</sup>
40	91.22	41	92.91
<b>Zr</b>		<b>Nb</b>	
<b>Zirconium</b>		<b>Niobium</b>	
6.4		8.4	
3580	1852 (Kr) 4d <sup>2</sup> 5s <sup>2</sup>	3300	1950 (Kr) 4d <sup>4</sup> 5s

H																	He															
Li	Be											B	C	N	O	F	Ne															
Na	Mg											Al	Si	P	S	Cl	Ar															
K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr															
Rb	Sr	Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I	Xe															
Cs	Ba											Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Po	At	Rn						
Fr	Ra											Rf	Db	Sg	Bh	Hs	Mt	Uun	Uuu	Uub												
																		La	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb	Lu
																		Ac	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr

# Oxidation Process

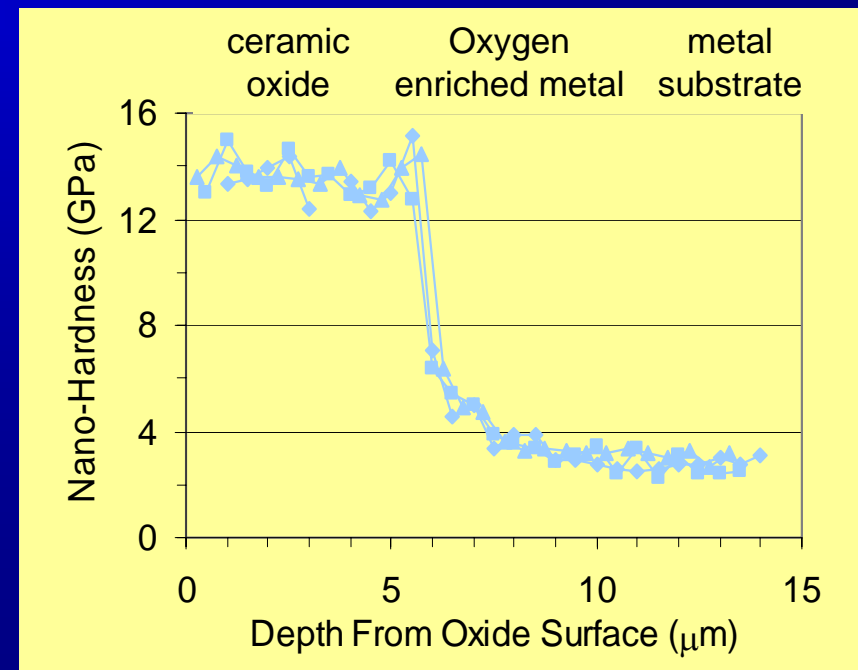
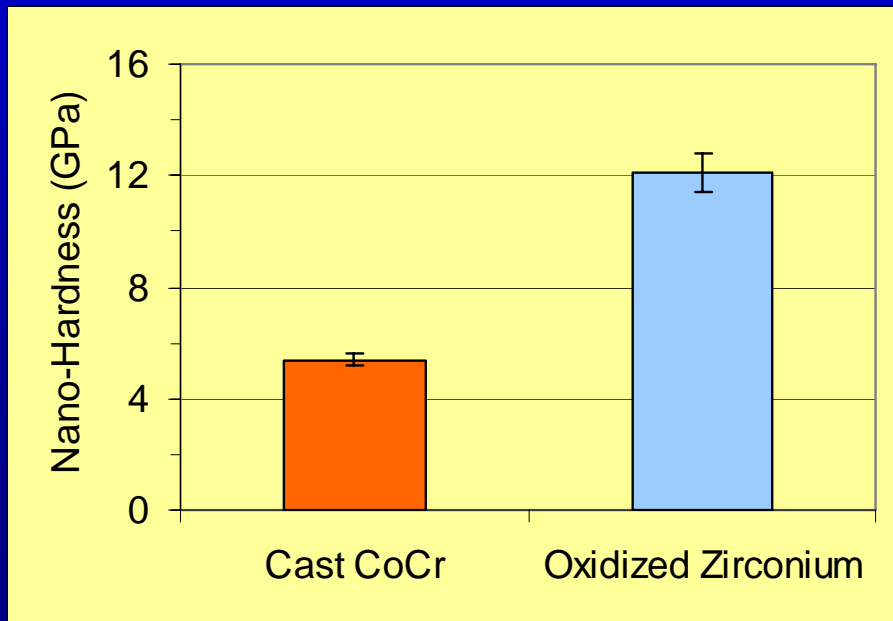
- Wrought zirconium alloy component is heated in air
- Metal surface transforms to ceramic; not a coating
- Ceramic oxide is uniformly about 5  $\mu\text{m}$  thick



# Hardness

(Long et al., SFB 1998)

- Oxidized Zirconium surface is over twice as hard as CoCr
- Underlying oxygen-rich zone promotes adherence to substrate

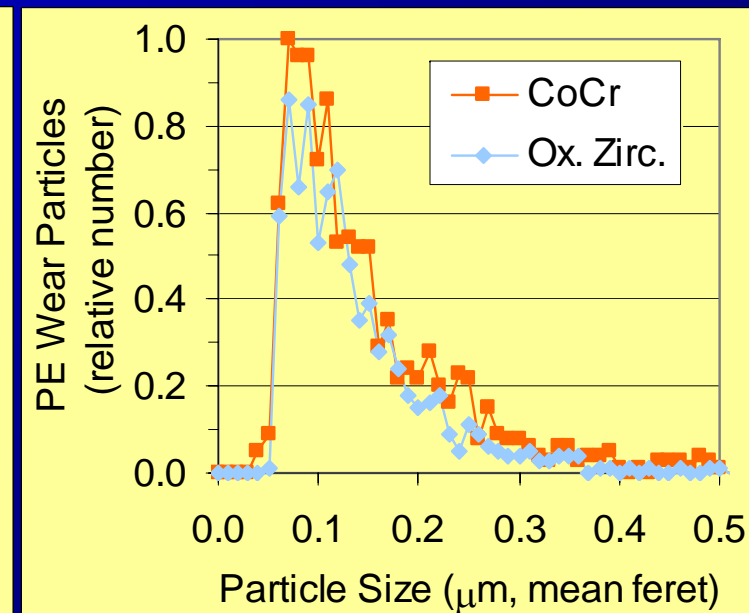
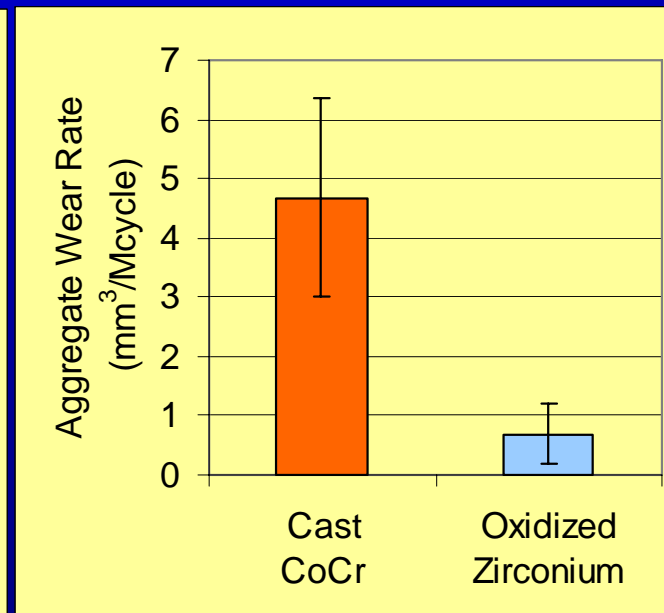
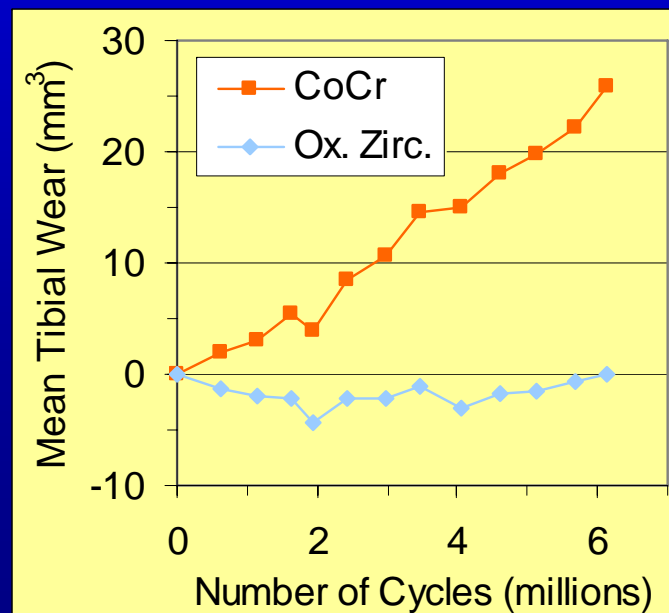


# Polyethylene Wear against Oxinium

(Spector et al., AAOS 2001)

Using knee simulator, Oxinium reduced PE wear rate by 85% with fewer particles

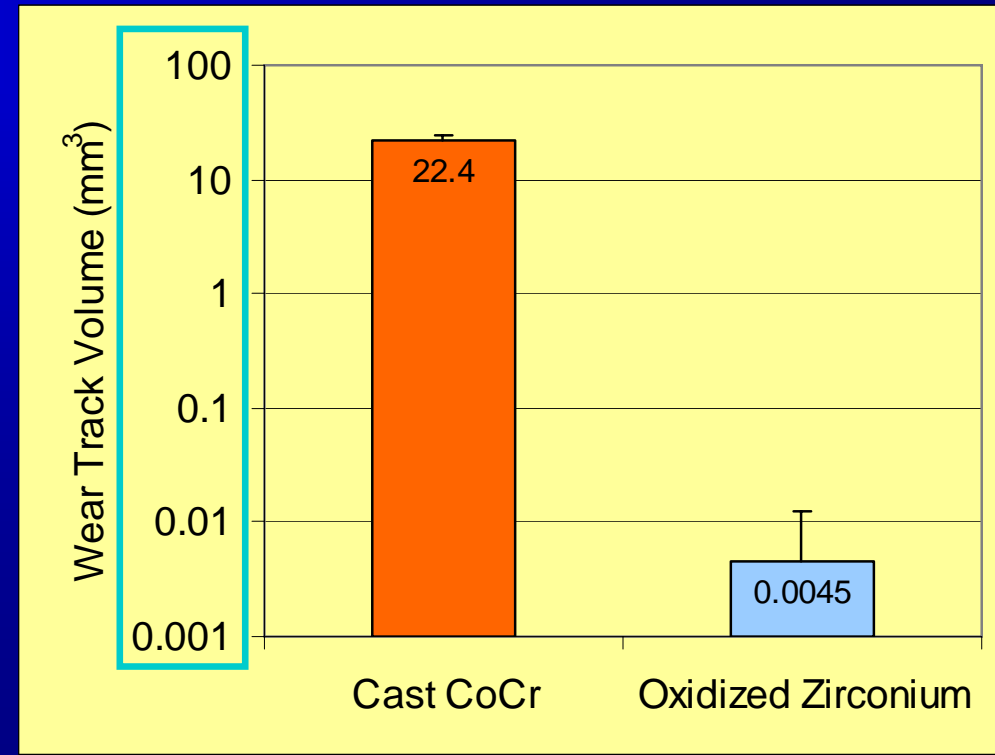
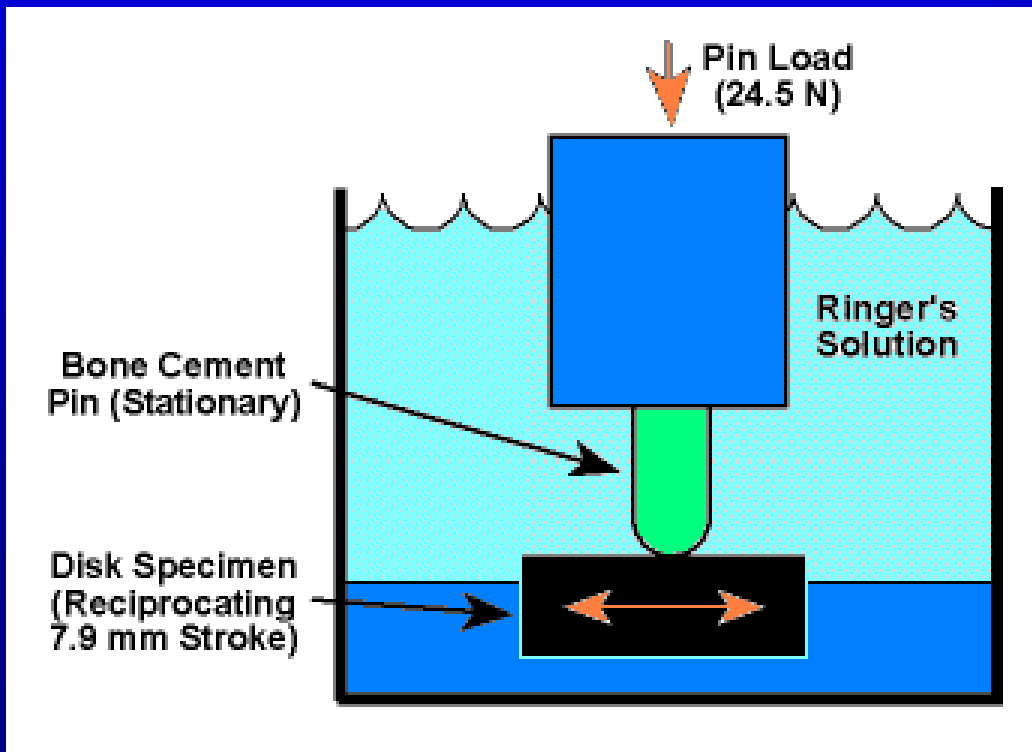
- Three femorals each for 6M cycles of physiological motion
- Polyethylene wear measured by weight-loss and by particle analysis



# Abrasion Resistance

(Hunter and Long, WBC 2000)

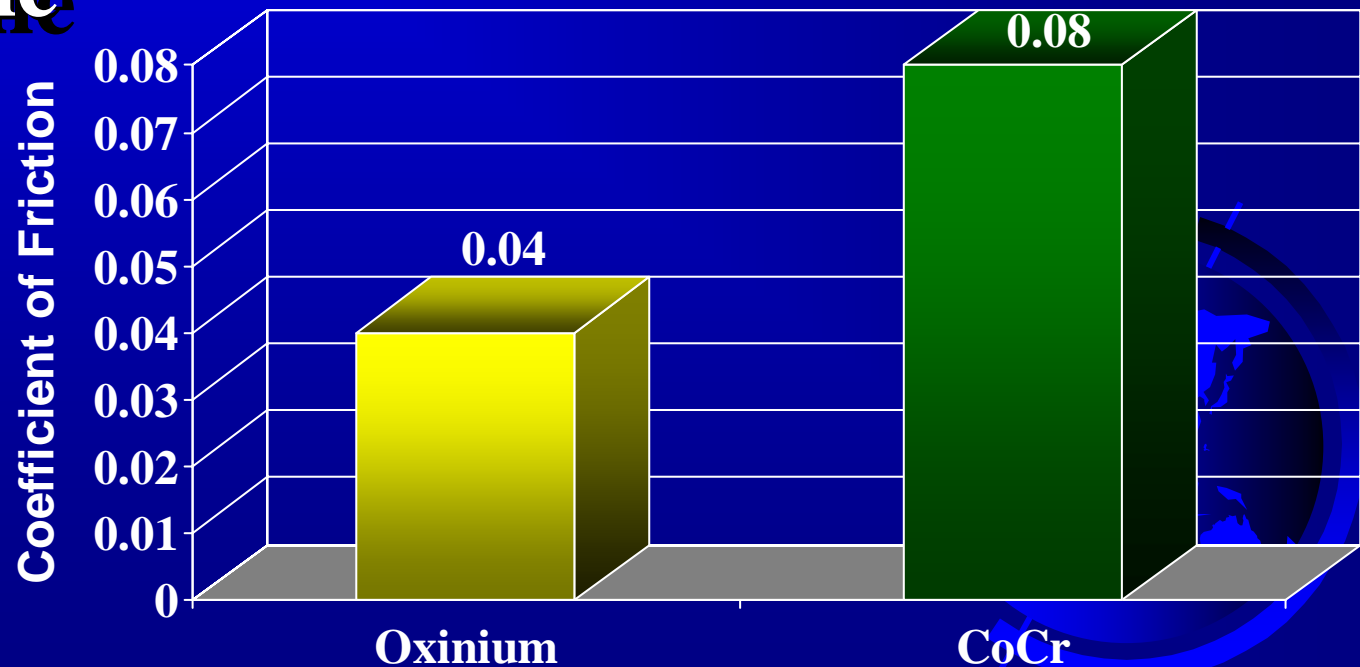
- Oxinium reduced abrasion against bone cement by over 4900X
- Oxidized Zirconium post-test roughness was over 160X less
  - 10 million cycle pin-on-disk test represents 10 years of cement debris in joint



# Why Low Wear?

**Lower Friction reduces adhesive wear**

- **Lower coefficient = increased sliding efficiency which may reduce wear**
- **Oxinium coefficient of friction is 1/2 that of cobalt chrome**

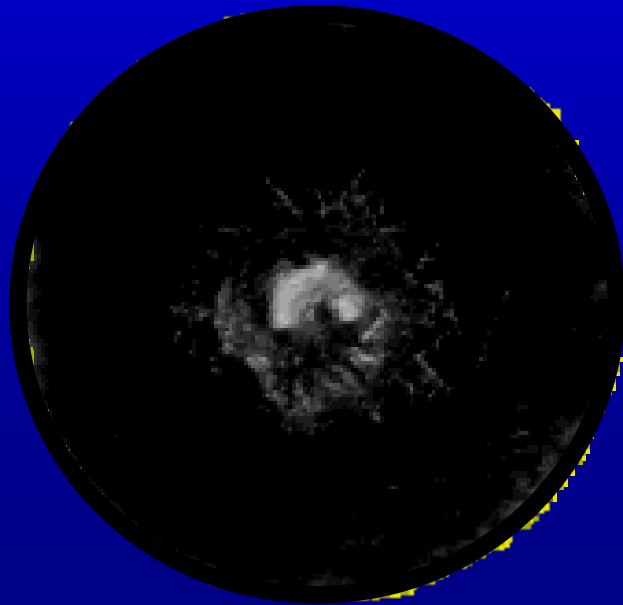


# Damage Tolerance

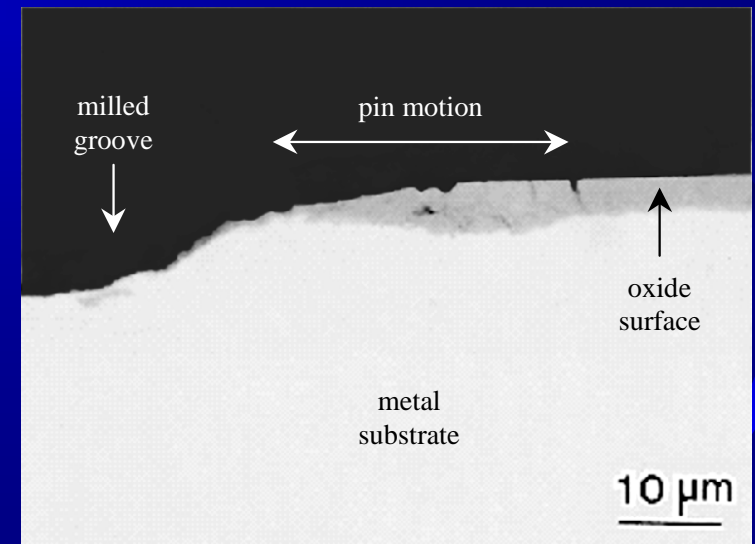
(Hunter, SFB 2001)

- Ceramic oxide surface adheres even if damaged by:

- Punching crater through oxide, with adjacent heaving-up of substrate (hardness test)



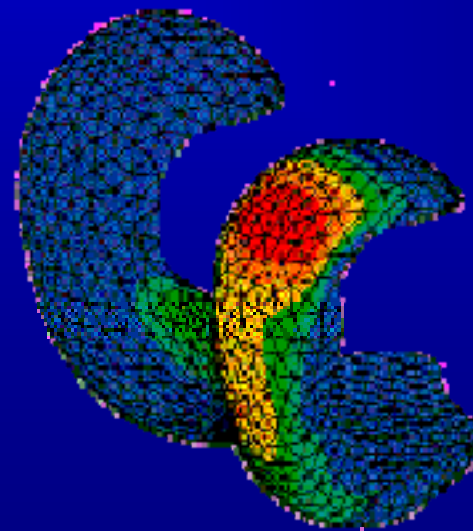
- Abrading bone cement pin for 10 Mcycle across line milled through oxide (modified abrasion test)



# Strength

(Tsai et al., SFB 2001)

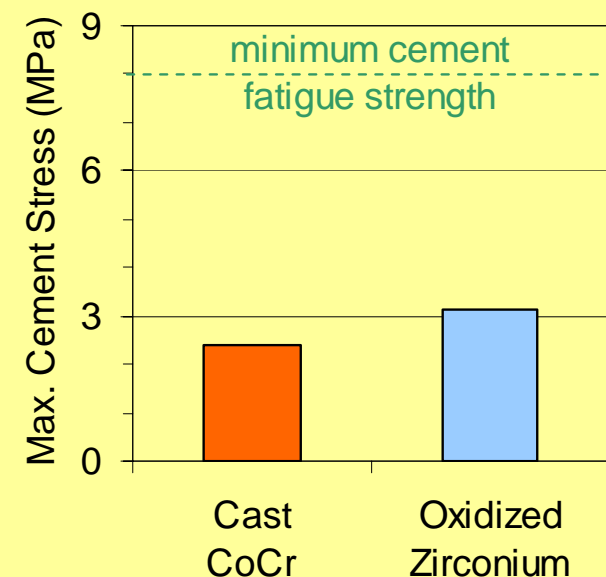
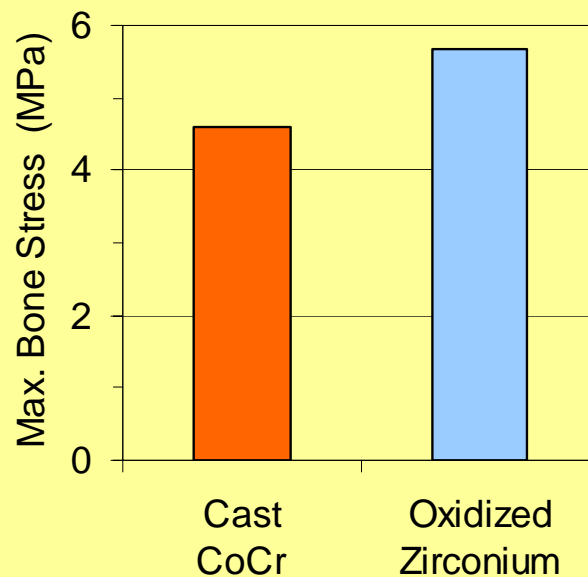
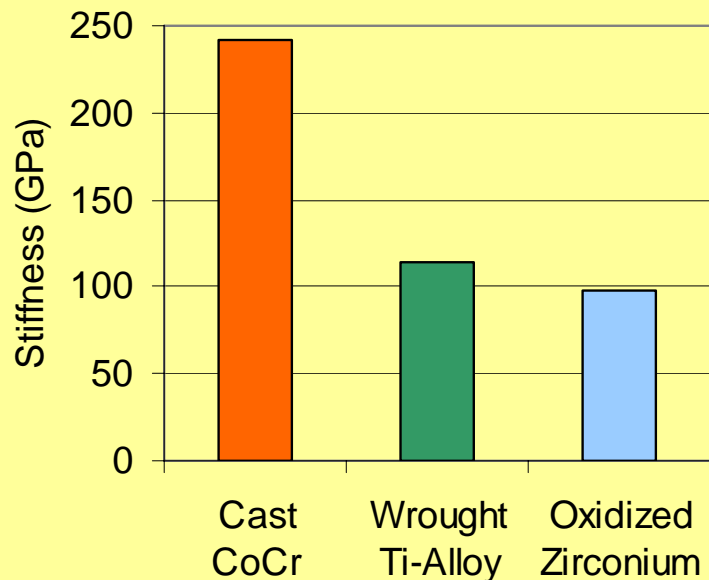
- Ox. Zirconium device strength is equivalent to CoCr
  - Supported 4.4 kN (1000 lbf) in 10 Mcycle fatigue test
  - Physiological worst-case: single condyle, no bone support, full flexion





# Stress Shielding

- **Ox. Zirconium is less stiff than CoCr; less stress shielding of bone**
  - Simulated load of 6X body weight in full flexion
  - Stresses in cement remain below the minimum fatigue strength



# Biocompatibility

(Kovacs and Davidson, ASTM STP 1272)

(Davidson et al., Bioceramics 5)

- **Zirconium is one of five most biocompatible metals**
  - Other four metals: niobium, titanium, tantalum, and platinum
  - Based on self-passivation and lack of biological function
- **Alloy biocompatibility confirmed per ASTM F748**
  - Cytotoxicity (L929 MEM Mouse Fibroblast)
  - Sensitization (Kligman Maximization)
  - Genotoxicity (Ames Mutagenicity and Mouse Micronucleus Assay)
  - Implantation (Rabbit 90-Day Intramuscular and Rabbit 6-Month Transcortical)
  - Intracutaneous Reactivity (Rabbit Intracutaneous Injection)
  - Acute Toxicity (Mouse Systemic Injection and Rabbit Pyrogenicity)
  - Haemocompatibility (Rabbit Hemolysis)

# Biocompatibility

(Kovacs and Davidson, ASTM STP 1272)

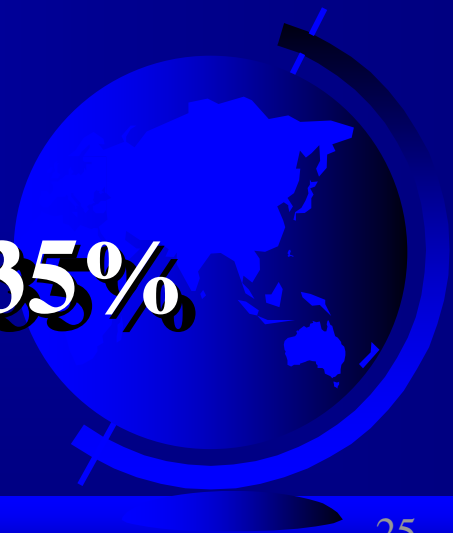
(Davidson et al., Bioceramics 5)

- **Zirconium is one of five most biocompatible metals**
  - Other four metals: niobium, titanium, tantalum, and platinum
  - Based on self-passivation and lack of biological function



# Metal Sensitivity

- Reports of metal hypersensitivity (especially nickel)
- Very low impurity content in Oxidized Zirconium
- Maximum specified impurity levels in alloys:
  - CoCrMo: 1% nickel
  - Ti-6Al-4V: 0.1% nickel
  - Zr-2.5Nb: Not detectable (0.0035% nickel)



# Summary

- **Less Polyethylene Wear Than CoCr**
  - **Harder Material**
  - **More Resistant to Scratching // Roughening Than CoCr**
  - **Less Friction Than CoCr**
- **Excellent Biocompatibility**
- **Strength of Metal; Tribology of Ceramic**



**And That's about as Good as it Gets!**



**Thank-you!**

**Todd V. Swanson, MD**  
**Las Vegas, NV**

